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C.O.P.E. works for opioid prevention and recovery by building **recovery capital** in rural Minnesota.

About C.O.P.E.

This project collectively builds on existing partnerships with local, regional, state and national agencies to address the opioid epidemic in rural communities. The work uses a [recovery capital framework](#), which actively promotes community protective factors and reduces the impact of risk factors. This project works to prevent opioid use and support sustained recovery by:

- Engaging with communities and community partners.
- Enhancing opioid prevention efforts.
- Building effective and sustainable systems and supports to reduce overdoses.
- Expanding understanding and options for treatment.

Featured Resources



[Listen to the new season of the "Remembering Resilience" podcast](#)



[Take the C.O.P.E. harm reduction mini-course](#)



[Learn about how social media and substance use are connected](#)

Partnerships

We work with the following universities, Tribal nations and public health agencies:

- University of Minnesota Extension
- University of Minnesota College of Pharmacy-Duluth
- South Dakota State University
- Mille Lacs Band of Ojibwe
- Bois Forte Band of Chippewa
- Fort Thompson - Crow Creek
- Lower Brule
- Aitkin County Health & Human Services
- Itasca County Health & Human Services
- St. Louis County Public Health
- Pine County Public Health & Human Services

