

# [Pine County Resources](#)

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## **Nutrition and recovery**

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Good nutrition plays an important role in recovery and building health.

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## **Northeast MN Regional Alcohol, Tobacco and Other Drug Prevention (Region 4)**

[Northeast MN Regional Alcohol, Tobacco and Other Drug Prevention \(Region 4\)](#)

Phone: 320-679-6330

Description: Supports local communities in the prevention of alcohol, tobacco and other drug abuse in Benton, Chisago, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Sherburne, and Wright counties.

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## **Empower Recovery Services**

[Empower Recovery Services](#)

Address: 645 3rd Ave SW, Pine City, MN 55063

Phone: 320-629-0059

Description: Specializes in treating dual diagnosis disorders. Services are offered by staff with specific experience in mental health symptoms, medication management, AA, NA, practice of integrity, spirituality, relationship repair, re-creating lost identity, and more. Empower Recovery Services employs peer recovery support specialists, substance use counselors, mental health professionals with various expertise in

areas such as trauma and EMDR. Also offers access to an experienced psychiatric nurse.

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### **Mille Lacs Band Aazhoomog Clinic Outpatient Program**

Address: 45741 Grace Lake Road, Sandstone, MN 55072

Phone: 320-384-0149 x304

Description: Provides substance abuse treatment and drug rehabilitation treatment.

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### **Meadow Creek**

[Meadow Creek](#)

Address: 17305 Meadow Creek Lane, Pine City MN 55063

Phone: 763-444-4838

Description: A women's facility with customized treatments to help foster healthy living and coping skills.

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### **Teen Focus Recovery Center**

[Teen Focus Recovery Center](#)

Address: 475 South Dana Avenue, Rush City, MN 55069

Phone: 320-358-4065

Description: A co-ed outpatient chemical dependency treatment program for adults and adolescents.

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### **Recovering Hope Treatment Center**

[Recovering Hope Treatment Center](#)

Address: 2031 Rowland Rd., Mora, MN 55051

Phone: 844-314-4673

Description: A residential facility dedicated to providing individualized treatment for drug and alcohol addiction for women 18 years and older, pregnant women, and women with children up to the age of five.

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## **Serenity Haven**

Address: 206 Maple Avenue East, Mora, MN 55051

Phone: 320-679-3580

Description: Offers cognitive/behavioral therapy, dialectical behavioral therapy, substance abuse counseling approach, trauma-related counseling, rational emotive behavioral therapy.

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## **Teen Focus Recovery Center**

[Teen Focus Recovery Center](#)

Address: 655 3rd Ave SW, Pine City, MN 55063

Phone: 320-358-4065

Description: Offers a co-ed outpatient chemical dependency treatment program for both adults and adolescents.

