

[St. Louis County Resources](#)

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Nutrition and recovery

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Good nutrition plays an important role in recovery and building health.

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Adult & Teen Challenge Minnesota

Address: 2 E 2nd Street, Duluth, MN 55802

Phone: 218-740-5508

Description: Offers both long-term, faith-based recovery programs, and short-term licensed treatment programs

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Harm Reduction Sisters

Description: Provides syringe access services which includes overdose education and supplies through mobile delivery and a flexible schedule in Duluth and surrounding area, including Carlton County.

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LOTUS

Address: 603 9th St N, Virginia, MN 55792

Address: 428 Monroe St., Eveleth, MN 557343

Phone: 218-744-4040

Description: Women's lodging facility specializing in supporting women who are in the recovery process for their mental health and/or chemical dependency struggles; mental health services; and outpatient gender specific treatment.

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Partners In Recovery, LLC.

Address: 704 E Howard Street Ste C, Hibbing, MN 55746

Phone: 888-648-7652

Description: Provides outpatient addiction and mental health assessment, counseling, treatment, and DWI education and therapy in a licensed substance use disorder program located in Northern Minnesota.

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Recovery Alliance

Address: 230 West Superior St. Suite 441, Duluth, MN

Phone: 218-491-6502

Description: A community organization that connects people seeking recovery to peers who have walked a similar path and are trained to help through peer-to-peer recovery support.

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Public Health and Human Services, Government Services Center, Duluth

Address: 320 W 2nd St, Duluth, MN 55802-1495

Phone: 218-726-2000 or 800-450-9777

North St Louis County: 218-262-6054

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Public Health & Human Services, St Louis County Service Center, Ely

Address: 320 Miners Dr E, Ely, MN 55731

Phone: (218) 365-8220 or (800)450-9777

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Public Health & Human Services, Government Services Center, Virginia

[Public Health & Human Services, Government Services Center, Virginia](#)

Address: 2201 South 3rd Avenue West, Virginia, MN 55792-1148

Phone: 218- 471-7100 or 800-450-9777

Phone: 218- 471-7600 or 800-450-9777

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Wellstone Center

[Wellstone Center](#)

Address: 214 Chandler Ave. Eveleth, MN 55734-1606

Phone: 218-471-4327

Description: The Range Mental Health Center is a non-profit, behavioral health care organization dedicated to providing comprehensive services to the citizens of northern Minnesota by helping people reach and maintain productive and dignified lives.

