

Education and Training

These free webinars and trainings provide healthcare professionals with easy access to relevant and up-to-date resources related to opioids and substance use disorder.

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CORE Center for Opioid Recovery and Education

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A website for providers to learn more about substance use and recovery. Find an online educational opportunity and access resources focused on important topics such as stigma and medication for opioid use disorder.

This website is connected to Stratis Health and funded or partially funded by the Minnesota Department of Human Services.

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Harm Reduction Mini-course

[Harm Reduction Mini-course](#)

What have you heard about harm reduction? As harm reduction strategies become more common, you might be curious what it's all about. According to the National Harm Reduction Coalition, harm reduction methods are intended to "meet people 'where they are at'" and can prevent deaths and suffering caused by overdose or infectious diseases like HIV and Hepatitis C. This training will help you:

- Compare the different components of a harm reduction approach.
- Identify and rebut common myths about harm reduction.

- Describe the benefits of and evidence behind different harm reduction approaches.

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Helping Patients with Addiction

[Helping Patients with Addiction](#)

A 45-minute webinar for physicians and other healthcare team members featuring Faris Keeling, MD and Keri Hager, PharmD. During this webinar, participants will:

- Strengthen knowledge on how to talk with patients about addiction.
- Understand the important difference of how you say things versus what you say.
- Identify underlying attitudes, assumptions, and implicit biases that affect how providers communicate with patients about addiction

This webinar was developed in partnership with Essentia Health.

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Naloxone: A Critical Tool to Fight the Opioid Crisis

[Naloxone: A Critical Tool to Fight the Opioid Crisis](#)

This presentation is provided for pharmacists and providers who wish to learn more about factors that increase an individual's risk of opioid overdose, identify signs and symptoms of opioid overdose, and understand the pros and cons of different naloxone formulations. The presentation will review resources patients may use to access naloxone, describe legal considerations for prescribing and dispensing of naloxone in Minnesota, and discuss available naloxone and opioid resources for healthcare providers and patients.

This webinar training was developed by the University of Minnesota College of Pharmacy.

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Naloxone Mini-course

[Naloxone Mini-course](#)

This one-hour mini-course provides instructions about how and when to use naloxone in the case of an overdose. This interactive course will describe the signs of an overdose, the pros and cons of different versions of naloxone, and myths and misconceptions about naloxone. Participants will also learn about the Minnesota laws surrounding naloxone and the legal protections for people who administer naloxone. This course is intended for anybody who is interested including community organizations, community members, healthcare providers, and students.

This webinar training was developed by Laura Palombi, Pharm.D., MPH, MAT, (University of Minnesota College of Pharmacy).

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Naloxone Training: Bois Forte

[Naloxone Training: Bois Forte](#)

This training focuses on how naloxone (Narcan) can be used to reverse opioid overdose and was recorded for members of the Bois Forte Nation. This training reviews the factors that may increase a person's risk of opioid overdose, teaches attendees how to identify the signs and symptoms of opioid toxicity, and reviews how to use the different forms of naloxone. This training also reviews resources on where to access naloxone and treatment for opioid use disorders.

This webinar training was developed by Laura Palombi, Pharm.D., MPH, MAT, (University of Minnesota College of Pharmacy); Marcia Gurno (St. Louis County PHHS), Deb Hernandez (Rural AIDS Action Network), & Elisabeth Bilden, MD (Essentia Health).

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Remembering Resilience podcast series

[Remembering Resilience podcast series](#)

In this podcast series, hosts David Cournoyer, Susan Beaulieu, and Linsey McMurrin share stories and explore NEAR Science, Historical Trauma, and ways Indigenous communities and individuals in Minnesota are creating and Remembering Resilience.

This podcast series was created and produced as part of the Tribal NEAR Science and Community Wisdom Project.

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Stimulants Mini-course

[Stimulants Mini-course](#)

This self-paced, interactive mini-course provides an in-depth description of a variety of stimulants and risk factors for stimulant use disorder. It also provides a picture of stimulant use disorder in Minnesota and provides users with a list of resources for support. This course is intended for anybody who is interested including community organizations, community members, healthcare providers and students.

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Supporting Recovery with Medications for Addiction Treatment

[Supporting Recovery with Medications for Addiction Treatment](#)

A 3-hour, self-paced course designed to enhance professional knowledge of MAT and to build skills related to reaching and educating clients about MAT, including how to:

- Use MAT with alcohol and opioid-dependent clients.
- Describe the various medications approved to treat alcohol and opioid dependence, including research outcomes, and extent of use.
- Identify the workforce, organizational, and environmental/regulatory issues that facilitate or impede the implementation of MAT.
- Model ways to overcome barriers to clients' use of MAT and build awareness of MAT among clients, their friends and family, and the general community.

This course was developed by the NIDA/SAMHSA-ATTC Medication-Assisted Treatment Blending Team.

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Supporting Recovery from Opioid Use: A Peer's Guide to Person-Centered Care

[Supporting Recovery from Opioid Use: A Peer's Guide to Person-Centered Care](#)

A one-hour, self-paced course designed to equip peers and other outreach workers with information, resources, and practical tips to better understand opioids and their impact on individuals. This course provides information on effective treatment options and strategies for using person-centered care to engage people with Opioid Use Disorder (OUD) in their path to recovery.

This course was developed by the Northwest Addiction Technology Transfer Center (Northwest ATTC).

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The Impact of Stigma Surrounding Use of Medications for Opioid Use Disorder

[The Impact of Stigma Surrounding Use of Medications for Opioid Use Disorder](#)

Substance use disorders (SUDs) are highly stigmatized conditions, with stigma hindering and discouraging individuals from seeking treatment services. Not only does stigma exist for individuals with SUDs, but also for individuals who use medications to treat opioid use disorders despite the unparalleled effectiveness of medication-assisted treatment (MAT). Stigma is perpetuated through both expected (families and employers) and unexpected (health care providers) routes. During this webinar, participants will learn about the ways in which stigma undermines treatment opportunities and increases an individual's shame, which can lead to adverse outcomes, including overdose.

This webinar was developed by the Mountain Plains Addiction Technology Transfer Center.

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The Ins & Outs of Medication-Assisted Treatment & Recovery for Opioid Dependence

[The Ins & Outs of Medication-Assisted Treatment & Recovery for Opioid Dependence](#)

Over the past decade, the treatment of substance use disorders has entered a new phase in which medications can play a vital role in helping someone recover. This webinar will discuss how new advancements in pharmacotherapy can help support and augment traditional evidence-based treatment practices for opioid dependence. The presenter will discuss the current myths, opinions and biases, and the environment of addiction treatment. In addition, she will outline the psychopharmacology of opioid dependence and provide a detailed comparison of the three FDA-approved pharmacotherapies for opioid dependence. The goal of this webinar is to bring together addiction and other helping professionals from many backgrounds to learn about medication-assisted treatment and recovery in a way that challenges ideas and perceptions and presents unbiased information that can be used to assess the best possible treatment options for clients.

This webinar was developed by NAADAC, the Association for Addiction Professionals.

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Words Matter: Language and Stigma Reduction

[Words Matter: Language and Stigma Reduction](#)

A one-hour webinar that explores how the words we use affect individuals in recovery. Research on common terminology is discussed and commonly held beliefs and myths are debunked. Participants will learn strategies to eliminate stigmatizing language through storytelling and conducting a stigma audit. Download [the transcript](#).

This webinar was developed by Peer Recovery CoE and supported by SAMHSA.

