

# [Aitkin County Resources](#)

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## **Nutrition and recovery**

[Nutrition and recovery](#)

Good nutrition plays an important role in recovery and building health.

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## **Alcoholics Anonymous**

[Alcoholics Anonymous](#)

Address: 322 1st Ave NE, Aitkin, MN 56431

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## **Aitkin County Health and Human Services**

[Aitkin County Health and Human Services](#)

Address: 204 1st St NW, Aitkin, MN, 56431-1260

Phone: 218-927-7200

E-mail: [achhs@co.aitkin.mn.us](mailto:achhs@co.aitkin.mn.us)

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## **Central Lakes Drug Testing**

[Central Lakes Drug Testing](#)

Address: 705 S 5th Street, Brainerd, MN 56401

Phone: 218-829-9326

Description: Offers drug and alcohol testing for businesses, government, school, social services, and families in Brainerd, MN.

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## **Central Minnesota Adult and Teen Challenge**

[Central Minnesota Adult and Teen Challenge](#)

Address: 2424 Business 371, Brainerd, MN 56401

Phone: [218-833-8777](tel:218-833-8777)

Description: Offers both a long-term, faith-based recovery program and a short-term licensed treatment program for individuals with a broad spectrum of addiction issues.

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## **Four Winds Lodge Noojimowigamig**

[Four Winds Lodge Noojimowigamig](#)

Address: 11600 State Ave. Brainerd, MN 56401-1000

Phone: 218-454-8901

Description: Integrates best practices in treatment of substance use disorders with a standard of cultural care and healing that helps Native clients to work through issues of historical trauma and the impact of addiction on their lives.

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## **Meridian**

[Meridian](#)

Address: 12 Washington St. Suite 4, Brainerd, MN 56401

Phone: 218-828-1270

Description: Provides chemical health assessments and treatment.

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## **Mille Lacs Lac Band Department of Health and Human Services**

[Mille Lacs Lac Band Department of Health and Human Services](#)

Address: 43408 Oodena Dr. Onamia, MN 56359

Phone: 320-532-4181 or 1-800-709-6445

Description: Provides high-quality health and social programs and services accessible to everyone in the community with three medical clinics, behavioral health services, community support services, public health services, family services, and an office of quality and compliance.

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**Northern Pines Mental Health Center**

[Northern Pines Mental Health Center](#)

Address: 13 3rd St NE, Aitkin, MN 56431

Phone: 320-639-2025 or 1-833-316-0698

Description: A Certified Community Behavioral Health Clinic (CCBHC) provides integrated substance use disorder, mental health, and physical health services to community members.

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**Riverwood Healthcare Center**

[Riverwood Healthcare Center](#)

Address: Bunker Hill Drive, Aitkin, MN 56431

Phone: 218-927-2121

Description: Testing for drug and alcohol use, Medicated Assisted Treatment (MAT) Options

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**Sobriety Court**

Address: Aitkin County Courthouse 209 2nd St. NW, Aitkin, MN 56431

Phone: 218-927-7281

Description: Provides intensive judicial supervision, case management, treatment,

chemical testing and graduated sanctions and incentives

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### **Take it to the Box**

**Address:** Aitkin County Sheriff's Office, 218 1st St NW, Aitkin, MN 56431

**Phone:** 218-927-7435

**Description:** Call for more information on how and where to dispose of unwanted prescription painkillers and other drugs.

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### **United 4 Recovery**

Address: Heritage Church 34588 US Hwy 169, Aitkin, MN 56431

Description: For all people who are struggling with any life issues. Recovery Worship services on the 2nd and 4th Saturday of every month at 4pm. Circle of Support meeting every Wednesday at 7pm.

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### **Veterans Service Office, Aitkin County**

[Veterans Service Office, Aitkin County](#)

Address: 2nd St. NW., Aitkin, MN 56431

Phone: 218-927-7320

Description: Resources for veterans.

